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Our New Philosophy on Gum Recession

Gum recession is bad for oral health. That is undisputed. In the past, because, the treatment involved invasive surgical intervention, we were somewhat reluctant to suggest treatment early, until the recession had advanced to the point of jeopardizing the survival of involved teeth. Although we knew that it was undesirable, and bad, the prospect of pushing patients to have invasive surgery seemed onerous.

Everything is different since we added PST (Pinhole Surgical Technique) to services we offer. This laparoscopic, minimally invasive procedure has allowed us to intervene early, and preventively with almost no patient downtime and very little postoperative discomfort. This is much more in keeping with our overall philosophy of early intervention and prevention. What makes this procedure so revolutionary is that the entire procedure is performed through a few small holes and requires no cutting, sewing or conventional grafting.

From now on we will be recommending treatment of early gum recession to prevent bigger and more complex surgeries. Additionally, the more complex the surgery, the more costly. Early intervention PST is much less costly than later intervention.

We are extremely excited to be one of only several practices in the greater Philadelphia area to be offering this remarkable new treatment, and I am one of only a few dentists in the entire country to be certified and trained to perform PST by the inventor of the procedure: Dr. John Chao, himself, in California.

